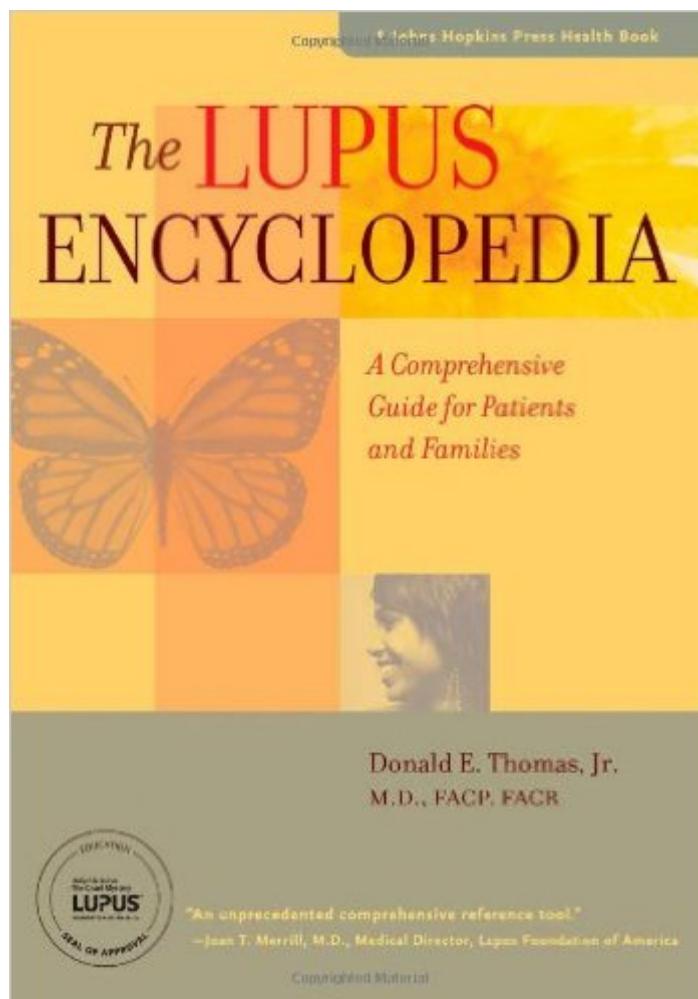


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# The Lupus Encyclopedia: A Comprehensive Guide For Patients And Families (A Johns Hopkins Press Health Book)



## Synopsis

Systemic lupus erythematosus is an autoimmune disease that can affect any system and organ in the body. For the 1.4 million people in the United States who have lupus, an overactive immune system senses that different parts of the body do not belong, and it attacks these parts. The immune system may strike the cells that line the joints or tendons, for example, causing pain and swelling. An incredibly complex disease, lupus must be properly treated for the optimal health and well-being of the person who has it. The Lupus Encyclopedia is an authoritative compendium that provides detailed explanations of every body system potentially affected by the disease, along with practical advice about coping. People with lupus, their loved ones, caregivers, and medical professionalsâ •all will find here an invaluable resource. Illustrated with photographs, diagrams, and tables, The Lupus Encyclopedia explains symptoms, diagnostic methods, medications and their potential side effects, and when to seek medical attention. Dr. Donald Thomas provides information for women who wish to become pregnant and advises readers about working with a disability, complementary and alternative medicine, infections, cancer, and a host of other topics.

## Book Information

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## Customer Reviews

Lupus Book ReviewBy Lupus AdventurerThe Lupus Encyclopedia: A Comprehensive Guide for Patients and Families (A Johns Hopkins Press Health Book) by Donald E. Thomas, Jr., M.D., FACP, FACR, was recently released. Within the astounding 43 chapters is an in-depth and exhaustive

discussion of the many facets of lupus. This book is for lupus patients, but is not a quick read, but between two covers holds a broad library of balanced lupus topics that are worthy of investing some time and study. There is so much in this book, but where should you start? Begin in the Preface, where Dr. Thomas sets forth seven specific steps a lupus patient may use right away to get the greatest benefits from his book: 1. Go to the 3 page Lupus Secrets Checklist in Chapter 442. Read the listed specific chapters Dr. Thomas recommends reading next. 2. Get a copy of your medical records, notes, labs, x-rays, etc. 3. Skim interesting chapters to find and go back to spend more time on ones that apply most to you. 4. Consult the Patient Resources at the end of the book. 5. Visit Dr. Thomas' Facebook page and follow him on Twitter for current lupus news. 6. Consider sending an email to Dr. Thomas with suggestions for future editions. After ferreting out reliable lupus information for more than twenty years since receiving a diagnosis in the early 1990s, it really seemed there were few sources of fresh information about Lupus, without going to books and references written for the medical community. This book provides an understandable reference resource appropriate for patients. Happily, there is great depth and much to learn from reading and referring to this important book! Dr.

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